

Parent & Carer Guide

KS1 · Year 1 · Animals including Humans · how to support this worksheet at home

A 10-minute companion — no maths background needed

What this worksheet develops

This worksheet develops naming the five senses and the body part used for each.

How to support at home (about 10 minutes)

- Play sense games — close your eyes and guess by smell or touch.
- Point to the body part for each sense.
- Go on a sound hunt around the home.
- Talk about which senses you use at mealtimes.

What “good” looks like

A confident child names the five senses and links each to the right body part.

Extra support — if your child finds this tricky (including SEND)

Children take different routes to the same understanding. These recognised adjustments make the topic more accessible for pupils with special educational needs and disabilities (SEND), and help any child who is stuck:

- Use a face picture or mirror.
- Do hands-on sense games.
- Pre-teach the five senses.
- One sense at a time.

Please note: if your child has an EHCP or SEN support plan, follow it and ask your school’s SENCo — they know your child best. The ideas here are general good practice, not a replacement for that plan.

Marking together: **Green** = confident · **Amber** = right with help · **Red** = tricky today. Colour the RAG strip so it appears on your dashboard. Keep it light — ten encouraging minutes is plenty.

Curriculum reference: National Curriculum (England) — KS1 · Year 1 · Animals including Humans. SEND guidance aligned to UDL and the SEND Code of Practice (2015).