

Parent & Carer Guide

KS1 · Year 1 · Seasonal Changes · how to support this worksheet at home

A 10-minute companion — no maths background needed

What this worksheet develops

This worksheet develops naming the four seasons, the weather in each, and how day length changes.

How to support at home (about 10 minutes)

- Talk about today's weather and the season.
- Look at trees across the year — leaves, blossom, bare.
- Notice it gets dark earlier in winter.
- Choose clothes for the season together.

What “good” looks like

A confident child names the four seasons and describes the weather and day length of each.

Extra support — if your child finds this tricky (including SEND)

Children take different routes to the same understanding. These recognised adjustments make the topic more accessible for pupils with special educational needs and disabilities (SEND), and help any child who is stuck:

- Use season pictures to sort.
- Pre-teach the season names.
- Talk about clothes for each season.
- One season at a time.

Please note: if your child has an EHCP or SEN support plan, follow it and ask your school's SENCo — they know your child best. The ideas here are general good practice, not a replacement for that plan.

Marking together: **Green** = confident · **Amber** = right with help · **Red** = tricky today. Colour the RAG strip so it appears on your dashboard. Keep it light — ten encouraging minutes is plenty.

Curriculum reference: National Curriculum (England) — KS1 · Year 1 · Seasonal Changes. SEND guidance aligned to UDL and the SEND Code of Practice (2015).